



goal-focused

Everyday Independence

supporting people to live an everyday life

community based
services



Since 1997, Everyday Independence has been supporting people of all ages and abilities to achieve their goals and maximise independence in their daily life.

Our specialist Occupational Therapists, Physiotherapists, Speech Pathologists and Case Managers work collaboratively with clients and their support team to provide individualised therapy and rehabilitation for greater participation, independence, well-being and life satisfaction.

client-centred

Our therapists have extensive experience in working with clients who have limitations related to neurological, complex orthopaedic conditions, chronic disease, age-related activity decline and disability.

We work with clients in the following areas:

- ▶ Physical skills including mobility, transfers, balance, upper limb function, fine and gross motor skills
- ▶ Self care skills including feeding, showering, dressing, grooming and hygiene
- ▶ Communication, language and social skills
- ▶ Early intervention therapies for children
- ▶ Cognitive retraining

daily life skills
participating in community
participation in education
participation in work

We also offer support to assist clients with:

- ▶ Making environments safe and accessible
- ▶ Specialised assessment of skills, abilities and support needs
- ▶ Assessment of care needs and setting up care programs
- ▶ Transitioning from hospital to home
- ▶ Assistive technology specialist assessment and prescription
- ▶ Case Management for complex clients

Our client-centred, evidence-based approach to therapy and rehabilitation supports clients, their families, carers and other treating practitioners to achieve outcomes in a timely and cost-effective manner.

Contact Everyday Independence today to find out more about our range of services.

Everyday Independence is register registered to provide supports for DisabilityCare Australia participants and is a FaHCSIA approved Better Start Initiative and Helping Children with Autism provider.

Everyday Independence

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Community based services to Newcastle & the Hunter region

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