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## GENERAL PRACTITIONER REFERRAL PAD

### BETTER ACCESS TO MENTAL HEALTH MEDICARE INITIATIVE

**Note:** You refer under this Initiative after seeing the client to create a MHC Plan (MBS Items 2700, 2701, 2715, 2717) or after reviewing a MHC Plan (MBS Item 2712)

**Common mental health concerns among children and adolescents with ASD:**

- Depression
- Anxiety, including social anxiety and difficulty coping with changes in routine

**Common mental health concerns among parents of children with disabilities:**

- Depression
- Anxiety
- Adjustment Disorder (ongoing grief & loss around having a child with a disability)

**6-10 Individual Clinical Psychology Sessions** can be used for:

- Behavioural Consultations
- Clarification of diagnosis & treatment

**6 Group Clinical Psychology Sessions per year** can be used for:

- Parent Group programs (“After the diagnosis” & “Parenting adolescents with ASD”)

### FaHCSIA Helping Children with Autism & Better Start for Kids with Disabilities

**Children under 7 years** who have been diagnosed (before their 6<sup>th</sup> birthday) with:

- Autistic Disorder
- Asperger’s Syndrome
- PDD-NOS
- CDD
- Rhett’s Disorder
- Down Syndrome
- Cerebral Palsy
- Fragile X
- Hearing Impairment
- Vision Impairment

**FaHCSIA Early Intervention funding** can be used to pay for the following services:

- Behavioural Consultations (face-to-face or Skype)
- Transition-to-School Plan including visits to preschool and school
- Parent training (i.e. behavioural strategies, using visuals, building social skills) to implement the child’s treatment plan
- Developmental (Griffiths Mental Development Scales) Assessment
- Cognitive (WPPSI-III/WISC-IV) Assessment

### CHRONIC DISEASE MANAGEMENT MEDICARE INITIATIVE

(Formerly “Enhanced Primary Care” Initiative)

(**Note:** Eligible Clients receive higher rebates under Better Access to Mental Health)

Clients can access **up to 5 psychology sessions per year** for:

- Behavioural Consultations
- Counselling