

## NSW & ACT Parent Support Groups

ASPECT (Formerly Autism Association of NSW)  
Forrestville, 8977 8300 [www.autismspectrum.org.au](http://www.autismspectrum.org.au)

"Someone to turn to ..." Parent Support Network  
Run by ASPECT, 8977 8335, Email: [phunterknight@aspect.org.au](mailto:phunterknight@aspect.org.au)

## Australian Capital Territory

Asperger's Support Network (ACT) Deanne 0429 983 936 or  
(02) 6291 0425

Autism Asperger ACT [www.autismaspergeract.com.au](http://www.autismaspergeract.com.au)

## Sydney Region

Autism Advisory Support Service, Liverpool  
Korrine 0421 245 839

All Communication Matters, Hornsby: Natalie 9482 8099

ASPIRE – Autism Spectrum Parents Info & Resources East,  
[www.asdsupport.org](http://www.asdsupport.org), Randwick: Lauren Gecuk 93 498 200

Autism Parent Support Network, Northern Beaches  
Jean 9971 0499

Chinese Parent Support Group, Hornsby/Ryde  
Bev 9450 7878 or Cedar 0419 466 895 (Cantonese)

Inner West Autism & Asperger Support Group  
[www.autismsupport.org.au](http://www.autismsupport.org.au), Richmond: Ann 0425 380 575  
Croydon Park: Mark 0425 380 574

Hills Autism Support Group, Castle Hill  
Elena 0417 447 992 or 9659 4960

Macarthur Asperger's Support Group for Families,  
[www.fip.org.au](http://www.fip.org.au), Campbelltown & Harrington Park 4648 1593

South Asian Disability Carer Support Group, Various locations  
Rajni 0432 798 938

Penrith Association For People with Disabilities (PATH)  
Marie 4921 0866, [path@pnc.com.au](mailto:path@pnc.com.au)

"Perspectives" Asperger Syndrome & ASD Support Group,  
Eastwood/ Denistone, Liz 0410 215 493

Southern Sydney Autism Support Group, Sutherland  
Amy 0408 686 690 or 9545 1505, [autismgroup@optusnet.com.au](mailto:autismgroup@optusnet.com.au)

South West Sydney Asperger's Parents Support Group  
Christi and Pablo 9827 8011

Vietnamese Parents with Disabled Children, Bonnyrigg  
Mrs Duyen 9823 6041

Western Sydney Autistic Family Support Group, Fairfield  
Irene 9757 1990, or 9205 6138

Windsor ASD Support, Leanne or Janine 4587 8091 ext 215 or 217

## Blue Mountains Region

Autism Support Group, Blue Mountains: Libby 47 588 694

Blue Mountains Asperger Syndrome Support Group  
Winmalee: Lynn 4754 4050, [wincntre@tpg.com.au](mailto:wincntre@tpg.com.au)

## Central Coast Region

Central Coast Autism & Asperger's Family Support Group  
Cathy 4365 5032 or Julie 43 572993  
[msdono@bigpond.net.au](mailto:msdono@bigpond.net.au) or [leeblunt@bigpond.net.au](mailto:leeblunt@bigpond.net.au)

Central Coast Autism Spectrum Disorders Support Group  
Catherine 0410 293 175

## Hunter Region

ASD Support Group, Port Stephens: Sam & Jackie 0414 456 572

Balance ASD Support Group, Helen 4921 6267, Mel 4981 1149

First Chance Parent Support Group, Special Ed, University of  
Newcastle: Mia 4921 8723

Strive – Families supporting families coping with autism  
Cessnock: Maxine 4991 3004, [www.strive.id.au](http://www.strive.id.au)

Hunter Asperger's Family Support, [lclarke@wnc.ngo.org.au](mailto:lclarke@wnc.ngo.org.au)

Hunter Support Group, Medowie: Sue and Steve 4982 9232

## Illawarra Region

DADHC Department of Ageing Disability Home Care  
Bega: 64 918 400

Rainbow of the Southern Highlands, Bowral: Jone 4862 2204

Shoalhaven Autism Spectrum Support Network  
Nowra: Anne 4446 0604

Southern Highlands Autism & Asperger's Parent Support  
Group, Bowral: Shivawn 4861 4054, Jillian 4872 3183

Southern Tablelands ASD Association, Goulburn  
Lisa 4823 6296, [lsrmac@hotmail.com](mailto:lsrmac@hotmail.com)

Ulladulla Asperger's & Autism Support Group,  
Robin 44 564057, Annette 44 540 885

Wollongong Support Group: Vicky 0433 836 819  
Coffee Mornings: Kaye 4285 2393 (Sch Hrs only)

## New England Region

Armidale Autism Spectrum Network,  
Kate 6772 9346 or 0428235739 [katet51@gmail.com](mailto:katet51@gmail.com)

New England Autism Spectrum Support Group, Armidale  
Charmaine 6772 9346, [Charmaine.wiseman@gmail.com](mailto:Charmaine.wiseman@gmail.com)

Please note: Contact details and web addresses often change over time. These contact details were correct to the best of our knowledge at time of writing. If contact details have changed, please let us know at [autismunderstanding@gmail.com](mailto:autismunderstanding@gmail.com) so we can update this list.

## North Coast Region

**ASD Support Group**, Mullumbimby: Joy (Social Work) 6684 1677  
Gayle (ASD Support Teacher) 66 851 204

**Asperger's Support Group**, Tweed, Sue 6670 9400, 6674 9500

**Coffs Coast ASD Parent Support Group**, Lexi 6658 8330  
[www.coffscostautism.org.au](http://www.coffscostautism.org.au)

**Defence Special Needs Support Group**, Lismore  
Jenny 1800 037 674

**General Support Group**, Inverell: Tanya 6722 5548

**Hastings Autism/Asperger Resource Group**, Port Macquarie,  
Leah 0424 744 541 or Karen 65 854 888

**Macleay Valley Aspergers Autism Support Group**, Kempsey:  
Belinda 0412 497 725 or Jo 0428 631 955

**Makaton Support Group**, Port Macquarie: Julie 65 853 844 or  
0403 544973 Email: [jlangeve@bigpond.net.au](mailto:jlangeve@bigpond.net.au)

**Parents of Autism Spectrum Support**, Lismore/Alstonville  
[Emerald4@hotmail.net.au](mailto:Emerald4@hotmail.net.au), Susan 6622 3953

## Riverina Region

**Aspect Riverina: Albury & Wagga Coffee Mornings:**  
Fiona 0447 283 797

**Cooinda Family Support Group**, Albury Wodonga  
Sue 6056 4844, [cooindawodonga@optusnet.com.au](mailto:cooindawodonga@optusnet.com.au)

**Leeton ASD Support Group**, Leonie 6955 7125

**Wagga Autism Support Group** Deborah 6933 1642

## Western NSW Region

**Autism & Asperger's Support Group**, Orange  
John 6391 3833 or 6362 2603

**Bathurst Autism Support Group**: Michelle 0420 434 816  
Lisa 6332 4465

**Guiding Hands**, Dubbo: [guidinghandsdubbo@msn.com](mailto:guidinghandsdubbo@msn.com)  
Pauline 0407 937773, Jeannine 0457 856 767

## Peer Support Groups

**ASTEEN** Social group for teens with Asperger's in Sydney  
Christine 0469 577 723 or Lyn 0408 445 019  
[christineayo@optusnet.com.au](mailto:christineayo@optusnet.com.au)

**AUT-Support – Aspergers & Autism Spectrum Network Inc.**  
Peer-based online support network for adults with Asperger's/ASD,  
Maitland: Leigh 4966 1717, [aut\\_s\\_pport@yahoo.com.au](mailto:aut_s_pport@yahoo.com.au)

**Adults with Asperger's Syndrome Support Groups**  
Nowra & Sydney West: Eleanor 0408 954 358  
Turrumurra: Jeroen 0402 028 588, 9449 9144

## Partner Support Groups

**ASPIA – Asperger Syndrome Partner Information Australia**  
Burwood, but provides information to partners outside of Sydney  
Carol Grigg 0432 507 828 [info@aspia.org.au](mailto:info@aspia.org.au)  
Illawarra/Shoalhaven ASPIA group: Sylvia 4295 7327

**Families of Adults Affected by Asperger Syndrome**  
[www.faaas.org](http://www.faaas.org)

## Sibling Support Groups

**Siblings Australia** [www.siblingsaustralia.org.au](http://www.siblingsaustralia.org.au)

ASPECT also run camps for siblings [www.autismspectrum.org.au](http://www.autismspectrum.org.au)

## Advocacy Groups

**Autism Aspergers Advocacy Australia (A4)** [www.a4.org.au](http://www.a4.org.au)

## Websites/ Chat Rooms for Parents

**Carers NSW** [www.carersnsw.asn.au](http://www.carersnsw.asn.au), 1800 242 636

**My Time** [www.mytime.net.au](http://www.mytime.net.au), 1800 889 997

**Parents & Carers of Autism** <http://parentsandcarersofautism.com>

**Parent2Parent** <http://parent2parent.au/com/forum/index.php>

## **Autism Breakthrough Network**

Christian spiritual support for parents of children with ASD  
Email:[autismbreakthrough@hotmail.com](mailto:autismbreakthrough@hotmail.com)