



## NSW Early Days Tips for Everyday Skills

When: Thursday, 23<sup>rd</sup> April 10:00-1:00pm

Where: Newcastle Leagues, 17 National Park Street, Newcastle West, NSW 2302

Early Days Workshops are designed for parents and carers with a child (aged 0-7 years) who has (or may have) an Autism Spectrum Disorder (ASD).



### The Tips for Everyday Skills Workshops can help you:

- Understand why everyday self-help skills can be hard for a child with ASD
- Gain strategies to help develop skills
- Tips to specifically help with toileting
- Tips to specifically help with sleep
- Tips to specifically help with eating

### Tips for Everyday Skills Workshops are:

- Scheduled throughout Sydney and regional NSW
- Facilitated by qualified professionals with backgrounds in providing services, advice and supports to families of children with an ASD
- For small groups
- **Free of charge – all attendees will receive a range of resources**
- Run within school hours
- Inclusive of refreshments
- Not able to provide childcare

To register for the workshop, please visit [www.autismspectrum.org.au/events](http://www.autismspectrum.org.au/events)

Or for more information: Call (02) 8977 8353 or email

[edworkshops@autismspectrum.org.au](mailto:edworkshops@autismspectrum.org.au)

This project is funded by DSS through the Helping Children with Autism (HCWA) package. For more information on the HCWA package, please contact the NSW Autism Advisor program on 1300 978 611 or Aspect on 1800 277 328